



# Newsletter August 2014



Summer practice season continues until August 23<sup>rd</sup>. Football Season starts August 30<sup>th</sup>.  
**You must have a MD State ID!!!!**

## **1<sup>st</sup> GAME**

**EAST SIDE COLTS**  
**Sunday, August 31<sup>st</sup>**  
**Mt. Pleasant Park, Field #2**  
**5337 Perring Parkway**  
**Baltimore, MD 21239**  
**Game time: 10am – 3pm**

Remember your lesson from the last newsletter: HONESTY. This month we will focus on COMPASSION.

If you have any questions or need to talk, call Coach Nick – 443-760-1667.

## LESSON FOR AUGUST

Let's learn about...

# COMPASSION!

### What is **COMPASSION**?

COMPASSION means “to suffer together.” Compassion is the feeling that comes when we are confronted with another person’s suffering or distress and we want to help relieve the suffering.

### I show **COMPASSION** when:

- I help someone who is hurting.
- I care for my pet or animal I encounter that might be hurt.
- I show that I care.
- I give without the need to gain anything in return.

### How have I demonstrated **COMPASSION**?

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